

#### INFORMATION BOOKLET

2025



Rosehill Public School Preschool has been providing high quality educational programs for preschool children since 1978.

Rosehill Public School Preschool is a Department of Education run preschool on the grounds of Rosehill Public School. The preschool has two classrooms and caters for eighty part-time preschool aged children.

The preschool program is guided by the Early Years Learning Framework through the principles of "Belonging, Being and Becoming." We believe that before birth, children are connected to family, community, culture and place. Their earliest development and learning takes place through these relationships, particularly within families, who are children's first and most influential educators.



Rosehill Public School Preschool was assessed and rated in 2019 and received an EXCEEDING rating against the National Quality Standards.

#### **INFORMATION BOOKLET 2025**

- 03 Contact Information Approaching your School
- 04 Enrolment Information
- 05 Preschool Curriculum
- 06 Play Based Learning
- 07 Preschool Routines
- 08 Arrivals and Departures Holidays
- 09 Preschool Requirements Healthy Food Morning Tea and Lunch
- 10 Clothing Medication Bathrooms
- 11 Illness and Sickness Birthdays Incursions
- 12 Family Involvement Preschool Parent Connections and Feedback Cooking
- 13 Communication with Families Storypark A Final Note

#### **ADDITIONAL INFORMATION**

- 14 Preschool Philosophy
- 16 Positive Behaviour for Learning
- 18 Real Schools (Restorative Practices)
- 19 Education and Care Quality Rating
- 20 Recommended Minimum Exclusion Periods for Infectious Diseases

# CONTENTS



# **Contact Information**

SCHOOL ADDRESS: 31 VIRGINIA STREET, ROSEHILL 2142

TELEPHONE: 9637 2202 9637 2215

EMAIL: rosehill-p.school@det.nsw.edu.au

SCHOOL PRINCIPAL: Mr D'Amore

PRESCHOOL SUPERVISOR: Mrs Cenk

Our preschool has two classes. Each class has an ACECQA approved early childhood trained classroom teacher and a School Learning Support Officer with an ACECQA approved Cert 111 or 1V.

Entry to Rosehill Public School Preschool is via <u>Virginia Street</u> only.

No access via the school infants playground.



#### Approaching Your School

From time-to-time parents/carers or other members of the school community may need to approach the school in order to:

- Discuss the progress or welfare of your own child;
- Express concern about actions of other children; or
- Enquire about school policy & practice.

Concerns about you child's progress and welfare can be directed to your child's teacher via the school email: rosehill-p.school@det.nsw.edu.au

Complaints about the actions of other children or school policy and practice can be directed to your child's teacher and if required the school principal via the school email: rosehillp.school@det.nsw.edu.au

### **Enrolment Information**

Rosehill Public School Preschool is operated by the NSW Department of Education. For your child to attend, he or she must turn four by the 31 July. Enrolment at preschool is for <u>one</u> year only.

Places at Rosehill Preschool are available for 40 students within two classes attending either:

- 3 days per week Monday, Tuesday, Wednesday in Terms 1 and 2;
- then 2 days per week Monday, Tuesday in Terms 3 and 4.
- or
  - 2 days per week Thursday, Friday in Term 1 and 2
- then 3 days per week Wednesday, Thursday, Friday in Term 3 and 4.

This equates to an average of 15 hours per week throughout the year. Some students may be offered 3 days per week for all four terms if some families require only 2 days for each term.

Educators consistently assess and observe all children to ensure they are happy, confident and successful learners at preschool. Occasionally, the preschool teacher may observe a child who is young and is experiencing difficulty coping with the preschool routine. They will discuss their concerns with you in Term 1 and may suggest that you reenrol your child the following year. If it is noted your child may have additional needs, your class teacher will inform you and support your child accordingly.



#### Preschool Fees

The Department of Education has committed to delivering fee-free preschool in department preschools in 2025. This means families will not be charged any fees to send their child to a department preschool in 2025.

Rosehill Public School Preschool will be free of charge in 2025.



# Preschool Curriculum

At Rosehill Public School Preschool, we aim to provide each child with a positive early learning experience that facilitates a smooth transition from home to school. Our educational programs are child centred and meet the interests, needs and abilities of the children.

The Early Years Learning Framework (EYLF) is a national curriculum framework which ensures quality and consistency in the delivery of early childhood education programs across all early childhood settings. It covers children from birth to five years and supports the transition to school. The framework is a tool that helps professionals and families achieve the best learning and developmental outcomes for children.

The Early Years Learning Framework describes the principles, practices and outcomes which enhance young people's learning (0-5yrs). It has a strong emphasis on playbased learning as play provides the most stimulus for brain development. The framework recognises the importance of communication and language (including early literacy and numeracy) and social and emotional development.

We base our programming using the EYLF outcomes as well as the children's observable interests. The teaching program is child initiated, collaborative and responsive to the children's needs. A planning cycle is implemented to document this.

# **EYLF Learning Outcomes:**

- Children have a strong sense of identity
- Children are connected with and contribute to their world
- Children have a strong sense of wellbeing
- Children are confident and involved learners
- Children are effective communicators



Early Years Learning Framework Version 2, 2022

BELONGING, BEING & BECOMING



The Early Years Learning Framework for Australia

### Play-Based Learning

Play-based learning is 'a context for learning through which children organise and make sense of their social worlds, as they engage actively with people, objects and representations.' The Early Years Learning Framework elaborates this definition noting that:

Play is a context for learning that:

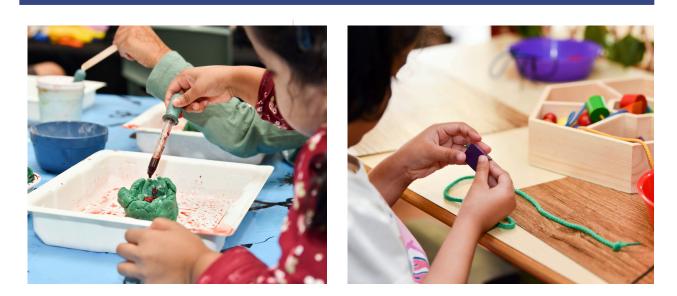
- allows for the expression of personality and uniqueness
- enhances dispositions such as curiosity and creativity
- enables children to make connections between prior experiences and new learning
- assists children to develop relationships and concepts
- stimulates a sense of wellbeing
- allows children to make sense of the world around them.

We recognise and acknowledge that our preschool is built on Dharug Land and embed Indigenous perspectives within children's learning experiences.

We pay our respects to the Elders past and present and we acknowledge those of the future, for they will hold the memories, traditions and hopes of Aboriginal and Torres Strait Islander Australians.







# **Preschool Routines**

Our preschool routines are flexible and can be adjusted at anytime due to individual needs or changes to routine.

Summer Routine (Terms 1 & 4)		Winter Routine (Terms 2 & 3)	
8:55am- 9:15am:	Children arrive and engage in morning group time	8:55am- 9:15am:	Children arrive and engage in morning group time
9:15am- 11:00am:	Outdoor play	9:15am- 11:00am:	Indoor play
11:00am- 11:30am:	Morning tea	11:00am- 11:30am:	Morning tea
11:30am- 1:00pm:	Indoor play	11:30am- 1:00pm:	Outdoor play
1:00pm- 1:30pm:	Lunch	1:00pm- 1:30pm:	Lunch
1:30pm- 2:30pm:	Quiet play and rest (indoors)	1:30pm- 2:30pm:	Quiet play and rest (indoors)
2:30pm- 2:55pm:	Group time/Home time	2:30pm- 2:55pm:	Group time/Home time

An outline of a typical routine is below:

We provide a balance of indoor and outdoor play and learning experiences. Group time involves discussions on current interests, stories, music, movement and dance. We allow the children to have uninterrupted, unhurried play throughout the day.

Some examples of daily learning experiences:

Indoor:

- Playdough
- Art and Craft
- Dramatic Play
- Dress Ups
- Puzzles
- Construction
- Blocks
- Fine motor activities
- Science Interest Play
- Loose Parts Play
- Reading Area
- Toys/Transport Play
- Numeracy and Literacy provisions

Outdoor:

- Sandpit
- Climbing Equipment
- Hula Hoops
- Ball Games and Skills
- Dramatic Play
- Dress Ups
- Gardening
- Construction
- Trains and Transport Toys
- Push Toys
- Water Play
- Drawing
- Reading Area



# Arrivals and Departures

It is a condition of enrolment that your child must be brought to preschool <u>no earlier</u> <u>than 8:55am and preferably no later than 9:15am.</u> Collection from preschool is <u>no later</u> <u>than 2:55pm and preferably no earlier than 2:30pm</u> by an authorised, responsible adult. Please be prompt when dropping off or picking up your child. Children become distressed if you are late.

Your child must be signed in and out each day in the register, which is located in your child's classroom. This is a legal requirement and must be done every day.

Please greet an educator on arrival and departure, so educators are aware of when your child arrives and leaves the preschool.

You will be asked to fill out an authorisation form, notifying us of who can drop off and pick up your child from the preschool. No child will be released to anyone other than the person/persons listed on this authorisation form.

On arrival, children are encouraged to independently unpack their bags, show their ice brick, wash their hands and apply sunscreen. Developing these personal self-help skills while they are in preschool supports them to prepare for Kindergarten.

# Holidays

The preschool follows the same four terms with two weeks holiday structure as the K-6 school.

Please contact your child's teacher and the school office if you are going on holidays during the term. Extended leave must be approved by the school Principal.

If you decide to un-enrol from preschool, please email the school and give notice to educators so you can collect your child's portfolio. Your child will receive a graduation certificate if they attend preschool for the whole year.



# **Preschool Requirements**

A school bag containing:

- A water bottle (pop up preferred, a bottle your child can manage independently)
- Morning tea (cut/ whole fruit or vegetables)
- Lunch (with a frozen ice brick all year round)
- Cot fitted sheet and a top sheet/light bedding (if your child requires a sleep)
- A spare set of seasonal sun-safe clothes
- Spare underwear and socks

Please ensure the school bag provided can fit all the required items. Children will be provided with a Rosehill Public School Preschool sun-safe hat which will be stored and laundered at preschool.



#### Please label all your child's belongings with their name.

# Healthy Food

Rosehill Public School Preschool is a Munch and Move service. Munch and Move is a NSW health initiative that supports the healthy development of children from birth to 5 years by promoting physical activity, healthy eating, dental health and hygiene and reduced screen time (e.g. watching TV, DVDs, playing on iphones and ipads). We encourage children to develop healthy eating habits at preschool and to be active. Please refer to our fact sheets located in the foyer for key Munch and Move messages or visit their website: https://healthykids.nsw.gov.au/

# Morning Tea and Lunch



Please provide healthy food for morning tea and lunch for your child in separate containers.

Please pack:

- A whole piece of fruit or a small container with cut up fruit or vegetables etc.
- Lunch: eg. sandwiches, wraps, noodles, roti, rice etc.
- Plastic cutlery if required
- An ice brick must be provided in your child's lunch box to keep food at safe temperatures all year round
- A drink bottle of water. Water will be refilled upon request.

We encourage no flavoured milk or juices. No packaged chips, biscuits or lollies and NO NUTS. Please do not send products that contain nuts such as peanut butter or nutella.

If your child does not eat all their lunch it is placed back in their lunch box. Please inform us if your child is a slow eater. If your child has any food restrictions or allergies, please inform preschool educators.

# Clothing

At Rosehill Public School Preschool, we are sun safe. Please make sure your child wears appropriate clothing to preschool every day. Ensure shoulders are covered all year round. This includes:

- Shirts and dresses must always have sleeves
- Velcro/slip on shoes only (no laces)
- No slippers, sandals or thongs. These are not appropriate shoes for climbing and active play.
- Elastic waist pants preferred. NO buttons, belts or skinny leg jeans.

Please ensure clothing is manageable for your child to go to the bathroom independently. We also request that you dress your child in clothing appropriate to the season and weather. This could include layers such as a jacket that they can add on or remove independently.

#### Please label all clothing items clearly with your child's name.



#### Medication

The First Aid officer at Rosehill Public School manages medications. If your child has a medical condition, e.g. suffers from asthma or has an allergy, this must be declared at enrolment in writing. A health care plan and a risk management plan will be devised where appropriate. Sick children must always remain at home when contagious. Non-prescription medication will not be administered while your child is at preschool.

#### Bathrooms

Both classrooms have a bathroom accessible to children at all times throughout the day. Please inform your child they don't need to ask to go to the bathroom, they can just go to avoid accidents.

It is important to help your child become independent by practising toilet skills now before they start preschool (including flushing the toilet and wiping themselves). It is preferred that your child is toilet trained, however, educators will support your child with a toilet training plan, if required. Please teach your children to wash hands thoroughly with soap before eating and after the use of the toilet. We will reinforce this at preschool.

### Illness and Sickness

- If your child is sick, please keep your child at home. Children in this age group spread germs between one another very easily.
- If your child becomes sick while at preschool, we will contact you and you will be required to pick up your child (or your emergency contact will be called to collect).
- If your child has vomiting or diarrhoea, they must stay at home for 24 hours after the last episode and return without symptoms. This is a NSW Health Department requirement. Parents will be called to pick up their child if they vomit or have diarrhoea whilst at preschool.
- If your child has any health issues please let preschool educators know at enrolment. A health plan may be required (asthma, anaphylaxis).
- If your child contracts an infectious disease please inform staff so we can notify families of any outbreaks.

Please teach your child:

- to blow their nose, put tissues in the bin and then wash their hands
- to use appropriate coughing etiquette. e.g. cough into elbow.

No handkerchiefs please, as we encourage the use of single use tissues.

#### Birthdays

We are happy to celebrate birthdays at preschool.

If you would like us to celebrate your child's birthday at preschool and you would like them to bring something for the class, this should ideally be a non-food item (e.g. small toy, colouring in book etc). Any lolly bags or party bags will be given directly to the children's parents by preschool educators so they can decide what their child consumes. Please make sure there is enough for every child in the class.



#### Incursions

From time to time we have educational and community visits to the preschool. e.g. Police, Firefighters and Healthy Harold. We will inform you about these events via a newsletter, School Bytes message or Storypark post. If any incursions need to be paid for we will ask for all families to contribute.

There are times we may walk around the school grounds to visit the school library or during Kindergarten orientation. Children will always be closely supervised.

# Family Involvement

At Rosehill Public School Preschool, we value collaboration and partnership with families to support your child's learning journey and development.

- We have an open-door policy where we can share your child's progress as requested. If there are any concerns with your child, we will keep you informed. Please inform staff if there is anything happening at home which may affect your child's behaviour or routine at preschool. Meetings with educators can be requested via the school email: rosehill-p.school@det.nsw.edu.au
- All children receive a portfolio of their progress at preschool which they can take home at the end of the year. We will send them home as the year progresses for your feedback.
- Regular updates of children's learning are shared via the Storypark app.
- From time to time we will invite you in to share special events with us e.g. Harmony Day, Education Week, Book Week parade. We encourage your involvement and support.

#### Preschool Parent Connections and Feedback

Educators will send out information early in the year regarding ways to connect to our school's parent group and Parents & Citizens Association (P & C). This will allow you to connect with other preschool and primary school families.

You will also have ongoing opportunities to share your input in reviewing policies and procedures that affect preschool, ongoing review of our Quality Improvement Plan (QIP) as documented on the Self-Assessment Working Document (SAWD) and general family and community involvement.

Educators will also send out other feedback forms or surveys throughout the year in regards to our philosophy, portfolios and community events.

### Cooking

Cooking is an activity that sometimes comes up in our curriculum as a follow up to children's interests. When children cook, they have an opportunity to learn about nutrition, to be creative, and to prepare their own healthy snacks. Children often like to pretend to be grown-ups making meals in their dramatic play experiences at preschool.

No sharp knives or hot surfaces will be accessible to children and children will be closely supervised at all times. Please inform staff if your child is allergic to any food or cannot eat any foods due to cultural/ religious reasons.

As per policy, we need permission for your child to participate in these experiences. You will be informed of the specific ingredients to be used in cooking experiences in advance.

# **Communication with Families**

- Preschool and school updates will be posted to School Bytes. You will receive an email notification as well as notifications on your School Bytes parent portal.
- A school newsletter will be published on a fortnightly basis containing a preschool update.
- Learning updates are posted to the Storypark app. Login details will be provided by your child's teacher in Term 1.
- Notices will be shared on the preschool noticeboard, located at the preschool front entrance.
- Notes are sometimes shared in parent pockets in the foyer. Please check your child's pocket regularly.
- A parent resource library is accessible in the foyer for information on parent and child support services.
- Local procedures and risk management plans can be viewed through scanning the QR Code below:

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### Storypark

All parents will be invited to connect to the app Storypark. Storypark is a parent communication platform where we share individual learning stories, group learning, community event info, messages, and photos. Please ensure you connect so you can stay up to date with your child's learning journey. You are welcome to share feedback on your child's learning by commenting and liking posts on Storypark. Any personal concerns about children must be addressed face to face with educators at preschool.

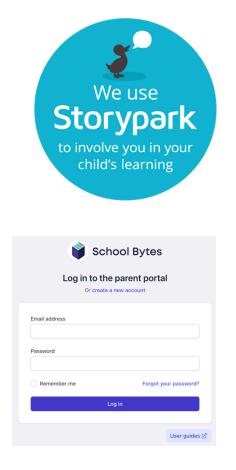
#### A Final Note

At Rosehill Public School Preschool, all genuine attempts to learn are valued. We provide opportunities for the children to become confident and involved learners. Our aim is to allow each child to reach their full potential. We value the importance of fostering partnerships with our families and value your commitment to your child's learning.

The following pages contain information on our philosophy, Positive Behaviour for Learning, Australian Education and Care Quality Authority (ACECQA) rating and illness exclusion periods, for your perusal.

We look forward to working closely with you and supporting your child in their transition to preschool. They will be encouraged to develop their skills so that they become happy and confident children who have a love for learning.

If you have any concerns or queries as the year progresses, please see your child's teacher.



# Preschool Philosophy

At Rosehill Public School Preschool, we provide a quality, holistic learning environment with engaging, motivating experiences and opportunities for children to learn and develop a foundation for success in learning throughout their lives. We acknowledge and respect the diverse cultures in our community to promote an inclusive environment within our preschool. We embrace the principles and practices of the Early Years Learning Framework – Belonging, Being and Becoming.

# Belonging

- We have high expectations for all children and families, recognising their uniqueness, their culture, customs, language, beliefs, family structure, circumstances and capabilities. We recognise that families are children's first and most influential teachers and value the knowledge and skills that they bring to our setting.
- We challenge inequities, promote inclusion and make decisions ethically to ensure the rights of all children, families and community members are upheld and respected.
- We value collaboration and partnership with families to support their child's learning journey and development. Communication is seen as paramount in the success of these partnerships with each family.
- We maintain a culture of care, build positive secure attachments and nurture relationships so children feel safe and cared for, developing their strong sense of identity.
- Our educational program is responsive to parent input, cultural backgrounds and abilities. We build on the funds of knowledge children bring to the preschool to ensure that learning is relevant and engaging.
- We recognise that diversity contributes to the richness of our society and provides a valid evidence base about ways of knowing. For Australia, it also includes promoting greater understanding of and appreciation for Aboriginal and Torres Strait Islander ways of knowing and being.

#### Being

- Our program is based upon a deep understanding of the children's stages of development, early childhood philosophies and educational research into the way children learn. This reflects a holistic and integrated approach to teaching and learning.
- The program is intentional, flexible, play-based and follows interests expressed by the children. Indigenous perspectives are woven throughout the environment and learning experiences. Educators observe and analyse each child's learning to implement experiences that are meaningful and valuable for children's development, following the EYLF planning cycle. Learning is celebrated and regularly shared with families for comment and consideration.
- We develop positive secure relationships with children, respectfully building reciprocal connections in which we can enjoy and explore collaboratively in the moment.
- Our identity as part of Rosehill Public School allows children to gain familiarity, connection and comfort in the school context. Children are supported through transitional experiences to prepare for the future whilst feeling secure in the present.
- We continuously reflect on learning and professional practice to strengthen collaboration and provide ongoing improvements to our learning environment and practices, optimising children's growth, learning, development and wellbeing each day.

### Becoming

- Learning is assessed and reported to children and their families with reference to the EYLF, developmental milestones and theorists. Families are invited to respond and collaborate with educators for future planning.
- We strive to establish trusting and secure relationships with children and families. Children who feel safe, secure and supported are more willing to take risks, grow in independence and resource their own learning.
- Oral language development is a significant focus in our educational programs as we understand that children in our wider community come to preschool with a diverse range of home languages.
- We equip our children with skills for life-long learning in the 21st Century through exploring current events, sustainable practices, celebrating a variety of cultures and becoming familiar with the digital world.
- We nurture children's learning whilst embedding principles of anti-discrimination, freedom of thought, safety and identity from the UN Conventions on The Rights of the Child.
- Our educators are committed to ongoing professional learning and critical reflection that builds on our knowledge and skills and keep us up-to-date with current early childhood education and care theory and practice.



Each year the preschool team review and update the philosophy. We seek feedback and ideas from families, children and staff to ensure it reflects our community's interests and beliefs.

# Positive Behaviour For Learning (PB4L)

Roshill Public School and Preschool implement PB4L strategies to support children's behaviour and learning.

- Positive Behaviour for Learning (PB4L) is a process that supports school leadership teams to create positive learning environments that enable child learning and wellbeing.
- Expectations are in place for children to be safe, be respectful and be learners in our preschool.

#### **Preschool Expectations**

#### 🚉 Rosehill Public School – Preschool Expectations Matrix 2025

	Classroom	Transitions	Group time	Bathroom	Mealtimes
Safe	Walk inside Keep our hands and feet to ourselves Push in our chair Keep chair legs on the floor	Walk and move safely	Keep hands and feet to ourselves	Wash our hands after using the toilet Leave toys in classroom Keep hands and feet to ourselves	Wash our hands before and after eating Stay seated when eating Keep our food in our lunchbox Pick up food when we drop it
Respectful	Listen to the Teacher Use a quiet voice Listen to others and wait our turn	Listen to the teacher	Listen to the teacher Show your 5 Ls Listen to others and wait our turn	Wait for our turn Flush the toilet when we finish Respect the privacy of others	Eat our own food Use our manners
Learner	Have a go Put things away Look after our belongings	Look where you are going Follow the teacher	Ask and answer questions Have a go	Turn the water off when finished Use one pump of soap Use one paper towel Put paper towel in bin	Eat healthy food and drink Put our lunchbox and bottle away



	Playground	Sandpit	Mud Kitchen	Rainy Days Play
Safe	Wear our hats Keep our hands and feet to ourselves Walk on the concrete Play safely	Wear our hat and sunscreen Keep sand low Play safely with tools Put shoes in tub	Keep sand and mud in mud area Wear gumboots Wash hands when finished	Wear a raincoat Wear gumboots Use walking feet only
Respectful	Listen to the teacher Wait our turn Look after our environment	Listen to the teacher Wait our turn Look after our toys Share the space	Listen to the teacher Pack away when finished Only use as much water as you need	Listen to the teacher Hands and feet to yourself
Learner	Keep rocks and sticks low Use the slide feet first	Play appropriately with others	Have a go Make good choices	Hang up your raincoat Put your boots back in the tub



# **Restorative Practices**

Roshill Public School and Preschool has recently become a Restorative School. Working restoratively is really all about asking the right questions to students when things go wrong.

Put simply, we'll be asking your children questions like:

- What happened?
- How has that made people feel?
- And what action needs to be taken to make that better?

It's all about teaching children responsibility for their actions and helping them to get better at doing this themselves.

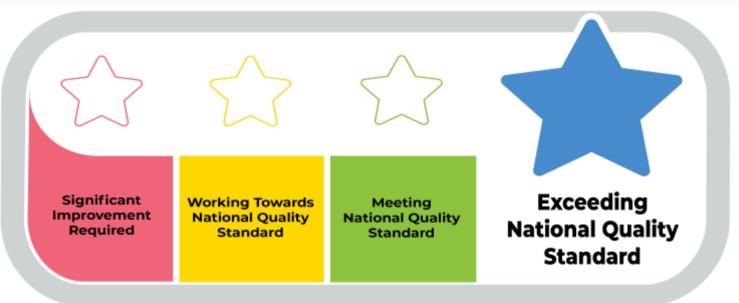
Our ongoing Partnership with Real Schools is supporting and resourcing us to make this change and you have access to all the resources too. Just head to the Member Login tab at <u>www.realschools.com.au</u> and use the login/password: rosehillps (same for both the login and password) to have a look at all that we're working on at school.



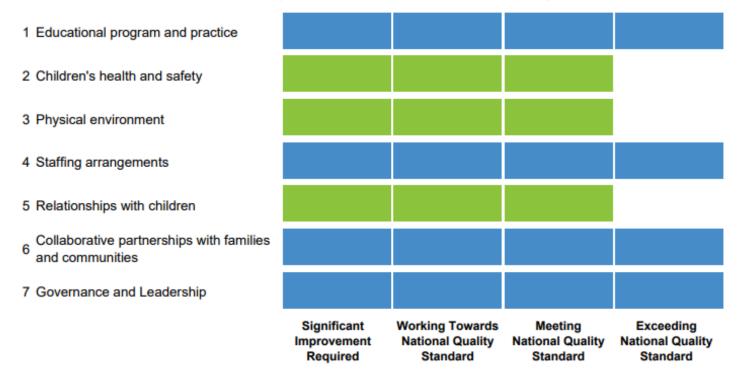
# The NSW Department of Education Education and Care Quality Ratings

#### **Rosehill Public School Preschool**

goes beyond the requirements of the National Quality Standard in at least four of the seven quality areas.



#### The National Quality Standard is made up of seven quality areas



This service was last assessed in June 2019 against the National Quality Standard for Early Childhood Education and Care and School Age Care and these ratings have been awarded in accordance with the Education and Care Services National Law Act 2010 and the Education and Care Services National Regulations 2011.

Date of issue: 26 August 2020

ASR-00026657

SE-00008885



education.nsw.gov.au/early-childhood-quality

#### Table 4.1 Recommended minimum exclusion periods based on symptoms

These recommendations are practical guidelines that try to balance the risk of infection with the risk of sending children or staff home unnecessarily. Minimising the spread of infection is important even with mild diseases, because these diseases can have serious effects on very young or immunocompromised people. When you are making decisions about exclusion, consider whether keeping the sick person at the service would put other people at risk.

Only use the recommendations in the table for children without serious symptoms. If a child has serious symptoms, call an ambulance (000) immediately.

Excluded in some cases Excluded			
Symptom	Should the child or តtaff member នុទ្ធ the symptom appears	Exclusion of person who is sick	
Diarrhoea or vomiting	Yes, go home as soon as possible for any diarrhoea or vomiting	<ul> <li>Exclude until there has not been any diarrhoea or vomiting for at least 24 hours</li> <li>If the diarrhoea or vomiting are confirmed to be due to norovirus, exclude until there has not been any diarrhoea or vomiting for at least 48 hours</li> <li>Staff members with these symptoms should not handle food until they have not vomited or had diarrhoea for at least 48 hours (they can be assigned to other duties after at least 24 hours, or stay away from the service for at least 48 hours)</li> <li>Check if your state or territory has different requirements for gastroenteritis</li> </ul>	
		Talk to your local public health unit for advice if there are several children and staff with diarrhoea or vomiting at the service. Check if your state or territory has different requirements for gastroenteritis	
Eye discharge (pus or severe wateriness)	Yes, go home as soon as possible	• Exclude until discharge from the eyes has stopped (unless a doctor has diagnosed a non-infectious cause for the eye discharge)	
Fever (temperature more than 38.0 °C)	Yes, go home as soon as possible	<ul> <li>Exclude until the temperature remains normal, unless the fever has a known non-infectious cause</li> <li>If the child has gone home from the service with a fever but their temperature is normal the next morning, they can return to the service</li> <li>If the child wakes in the morning with a fever, they should stay home until their temperature remains normal</li> <li>Normal temperature is between 36.5 °C and 38.0 °C</li> <li>If a doctor later diagnoses the cause of the child's fever, follow the exclusion guidance for that disease</li> </ul>	
Rash	No, stay at the service unless: • it develops rapidly • it is combined with fever or other <u>concerning</u> <u>symptoms</u>	<ul> <li>Rash on its own may not be cause for concern, but rash can often be combined with other symptoms</li> <li>In cases of rapidly developing rash or when rash is combined with other <u>concerning symptoms</u>, exclude until the concerning symptoms have gone</li> <li>(Continued)</li> </ul>	

symptoms (cough, runny or blocked nose, sore throat) • are getting worse (more frequent or sore throat) • are combined with concerning symptoms such as: - fever - rash - tiredness - pain - poor feeding • are severe - rash - poor feeding • are severe - pain - poor feeding • are severe - po	Excluded in some cases Excluded		
symptoms (cough, runny or blocked nose, sore throat) • are getting worse (more frequent or more severe) or • are combined with concerning symptoms such as: - fever - rash - tiredness - pain - poor feeding A person can often have an ongoing cough after they have - respiratory symptoms are severe - rash - poor feeding - poor feeding - poor feeding - poor feeding - are severe or - are severe or - are severe or - tiredness - pain - poor feeding - poor feed	Symptom	staff member go home as soon as the	
service Talk to your local public health unit for advice if there are seve children and staff with respiratory symptoms at the serv	symptoms (cough, runny or blocked nose,	<ul> <li>are severe or</li> <li>are getting worse (more frequent or more severe) or</li> <li>are combined with concerning symptoms such as: <ul> <li>fever</li> <li>rash</li> <li>tiredness</li> <li>pain</li> </ul> </li> </ul>	<ul> <li>or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the</li> </ul>

#### Scenario 4.3

symptoms

Kai, a child in the kinder room, has a runny nose and is not engaged with the morning lesson. He eats lunch and then says he is really tired and would like to have a nap. Kai does not normally have a nap during the day. When he lies down for a nap, he starts coughing.

Points to consider:

- Kai is not behaving like his usual self.
- Kai is eating and drinking normally.
- Kai has several respiratory symptoms including a runny nose and appears significantly more tired than usual.

You call Kai's parents and get through to his mum, who says she can come to collect him in 20 minutes.

Points to discuss with Kai's mum:

- his symptoms runny nose, severe tiredness and cough
- exclusion recommendations based on his symptoms.

When Kai's mum arrives, you provide the **Respiratory symptoms fact sheet** and explain that he can return to the service after his concerning symptom (severe tiredness) has resolved.

#### Exclusion based on a diagnosed condition

If a medical practitioner has diagnosed a specific condition, use the exclusion periods for that condition (Table 4.2).

Some states and territories may have different requirements for certain conditions. Check with your local public health unit if your state or territory has different or additional requirements.

Contact your local public health unit for information and support if you have a <u>disease outbreak</u>, or a case of a <u>notifiable or concerning disease</u>.

#### Table 4.2 Recommended minimum exclusion periods for specific diagnosed conditions

Not excluded	Excluded in some cases Excluded	
Condition	Exclusion of person who is sick	Exclusion of contacts (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
Asthma	Not excluded	Notexcluded
Bronchiolitis	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service</li> <li>Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms</li> </ul>	Not excluded

Not exclude	d Excluded in some cases Excluded	
Condition	Exclusion of person who is sick	Exclusion of contacts (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick) Not excluded
Bronchitis	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> </ul>	
	<ul> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> </ul>	
	<ul> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> </ul>	
	A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service	
	Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms Exclude until there has not been any diarrhoea or vomiting	
<i>Campylobacter</i> infection	for at least 24 hours Staff members with these symptoms should not handle food until they have not vomited or had diarrhoea for at least 48 hours (they can be assigned to other duties after at least 24 hours, or stay away from the service for at least 48 hours)	Not excluded
	Talk to your public health unit for advice if there are several children and staff with diarrhoea or vomiting at the service. Check if your state or territory has different requirements for gastroenteritis	
		(Continued)

Not excluded	Excluded in some cases	
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
Chickenpox (varicella)	Exclude until all blisters have dried – this is usually at least 5 days after the rash first appeared in non-immunised children, and less in immunised children	Not excluded Staff or children who are immunocompromised are at high risk of developing severe disease if exposed Talk to immunocompromised or pregnant staff about risk and recommend they seek medical advice For any immunocompromised children, talk to the parents about the child's potential risk of exposure and follow the child's agreed action plan (see Plans for immunocompromised children) Not excluded
Cold sores ( <i>herpes simplex</i> )	Not excluded if the person can maintain hygiene practices to minimise the risk of transmission If the person cannot maintain these practices (for example, because they are too young), exclude until the sores are dry Cover sores with a dressing, if possible	
		(Continued)

Not excluded	Excluded in some cases Excluded	
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
Common cold	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service</li> <li>Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms</li> <li>Exclude until discharge from the eyes has stopped</li> <li>Not excluded if a doctor has diagnosed non-infectious conjunctivitis</li> </ul>	Not excluded
		(Continued)

Not excluded         Excluded in some cases         Excluded				
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)		
COVID-19	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service</li> <li>Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms</li> </ul>	Not excluded Refer to state or territory advice		
Croup	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service</li> <li>Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms</li> </ul>	Not excluded		

MANAGING INFECTION PART 4
2

Not excluded	Excluded in some cases Excluded	
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
Cryptosporidiosis	Exclude until there has not been any diarrhoea or vomiting for at least 24 hours Staff members with these symptoms should not handle food until they have not vomited or had diarrhoea for at least 48 hours (they can be assigned to other duties after at least 24 hours, or stay away from the service for at least 48 hours) Talk to your local public health unit for advice if there are several children and staff with diarrhoea or vomiting at the service. Check if your state or territory has different requirements for gastroenteritis Not excluded	Not excluded
Cytomegalovirus (CMV) infection	HOLEKCIUUEU	Not excluded
Ear infection	Not excluded unless associated with other concerning symptoms	Not excluded
Fifth disease (slapped cheek syndrome, erythema infectiosum, human parvovirus B19)	Not excluded	Not excluded

Not excluded         Excluded in some cases         Excluded			
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)	
Flu (influenza)	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service</li> <li>Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms</li> </ul>	Not excluded	
Fungal infections of the skin or scalp (ringworm, tinea, athlete's foot)	treatment	Not excluded	
Giardia infection (giardiasis)	Exclude until there has not been any diarrhoea or vomiting for at least 24 hours Staff members with these symptoms should not handle food until they have not vomited or had diarrhoea for at least 48 hours (they can be assigned to other duties after at least 24 hours, or stay away from the service for at least 48 hours) Talk to your local public health unit for advice if there are several children and staff with diarrhoea or vomiting at the service. Check if your state or territory has different requirements for gastroenteritis Not excluded	Not excluded	
Glandular fever (Epstein–Barr virus, infectious mononucleosis)		Not excluded	

Not excluded	Excluded in some cases Excluded	
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
Hand, foot and mouth disease	Exclude until all blisters have dried	Not excluded
Head lice	Not excluded, as long as effective treatment begins before the next attendance at the service The child does not need to be sent home immediately if head lice are detected Exclude until at least 7 days after jaundice starts, or if there	Not excluded
Hepatitis A	is no jaundice, until at least 2 weeks after onset of other symptoms Talk to your public health unit for advice Not excluded	Not excluded Talk to your public health unit for advice
Hepatitis B		Not excluded
Hepatitis C	Not excluded	Not excluded
Hepatitis E	Exclude until at least 7 days after jaundice starts, or if there is no jaundice, until at least 2 weeks after onset of other symptoms	Not excluded Talk to your public health unit for advice Not excluded
Hib ( <i>Haemophilus</i> <i>influenzae</i> type b)	Exclude until the person has received antibiotic treatment for at least 4 days	Talk to your public health unit for advice Not excluded
HIV (human immunodeficiency virus)	Not excluded	

Not excluded         Excluded in some cases         Excluded			
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)	
Human metapneumovirus	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service</li> <li>Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms</li> </ul>	Not excluded	
Impetigo (school sores)	Cover any sores on exposed skin with a watertight dressing	Not excluded	
Measles	Exclude for at least 4 days after the rash appeared	Immunised contacts are not excluded For non-immunised contacts, talk to your public health unit for advice Talk to immunocompromised or pregnant staff about risk and recommend they seek medical advice Exclude all immunocompromised children until 14 days after the rash appears in the last case at the service	
Meningitis (viral)	Exclude until person is well	Not excluded	

Not excluded	Excluded in some cases Excluded	
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
Meningococcal infection	Exclude until the person has completed antibiotic treatment	Not excluded Talk to your public health unit for advice about antibiotics and/or vaccination for people who were in the same room as the case Not excluded
Molluscum contagiosum	Not excluded	
Mosquito-borne diseases (Barmah Forest virus, Chikungunya virus, Dengue virus, Zika virus, Japanese encephalitis, malaria, Murray Valley encephalitis virus, Ross River virus, West Nile virus – including Kunjin virus)	Not excluded Talk to your public health unit for advice	Not excluded
_Mumps	Exclude for at least 9 days or until swelling goes down (whichever is sooner)	Not excluded
Norovirus infection	Exclude until there has not been any diarrhoea or vomiting for at least 48 hours Talk to your local public health unit for advice if there are several children and staff with diarrhoea or vomiting at the service. Check if your state or territory has different requirements for gastroenteritis Exclude until person has received antibiotic treatment for at	Not excluded
Pneumococcal disease	least 24 hours and feels well	Not excluded
		(Continued

Not excluded         Excluded in some cases         Excluded			
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)	
Pneumonia	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service</li> <li>Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms</li> </ul>	Not excluded	
Roseola (exanthum subitum, sixth disease)	Not excluded	Not excluded	
Rotavirus	Exclude until there has not been any diarrhoea or vomiting for at least 24 hours Staff members with these symptoms should not handle food until they have not vomited or had diarrhoea for at least 48 hours (they can be assigned to other duties after at least 24 hours, or stay away from the service for at least 48 hours) Talk to your local public health unit for advice if there are several children and staff with diarrhoea or vomiting at the service. Check if your state or territory has different requirements for gastroenteritis	Not excluded	

Not excluded     Excluded in some cases     Excluded		
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
RSV (respiratory syncytial virus)	<ul> <li>If a person has respiratory symptoms (cough, sneezing, runny or blocked nose, sore throat), monitor them and exclude them if:</li> <li>they have several respiratory symptoms at the same time or</li> <li>they have developed new symptoms while at the service or</li> <li>the respiratory symptoms are severe or</li> <li>the respiratory symptoms are getting worse (more frequent or severe) or</li> <li>they also have concerning symptoms (fever, rash, tiredness, pain, poor feeding)</li> <li>A person can often have an ongoing cough after they have recovered from a respiratory infection. If their other symptoms have gone and they are feeling well, they can return to the service</li> <li>Talk to your local public health unit for advice if there are several children and staff with respiratory symptoms at the service. Check if your state or territory has different requirements for respiratory symptoms</li> </ul>	Not excluded
Rubella (German measles)	4 days after the rash appears	Not excluded Talk to immunocompromised or pregnant staff about risk and recommend they seek medical advice Not excluded
<i>Salmonella</i> infection (salmonellosis)	<ul> <li>Exclude until there has not been any diarrhoea or vomiting for at least 24 hours</li> <li>Staff members with these symptoms should not handle food until they have not vomited or had diarrhoea for at least 48 hours (they can be assigned to other duties after at least 24 hours, or stay away from the service for at least 48 hours)</li> <li>Talk to your local public health unit for advice if there are several children and staff with diarrhoea or vomiting at the service. Check if your state or territory has different requirements for gastroenteritis</li> </ul>	

Not excluded         Excluded in some cases         Excluded		
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
Scabies and other mites causing skin disease	Exclude until the day after starting treatment	Not excluded
<i>—Shigella</i> infection — (shigellosis)	Exclude until there has not been any diarrhoea or vomiting for at least 24 hours Staff members with these symptoms should not handle food until they have not vomited or had diarrhoea for at least 48 hours (they can be assigned to other duties after at least 24 hours, or stay away from the service for at least 48 hours) Talk to your local public health unit for advice if there are several children and staff with diarrhoea or vomiting at the service. Check if your state or territory has different requirements for gastroenteritis	Not excluded
Shingles (zoster infection)	Exclude children until blisters have dried and crusted Adults who can cover the blisters are not excluded (they are excluded if blisters cannot be covered)	Talk to your public health unit for advice about pregnant women and anyone who is immunocompromised
Staph infection ( <i>Staphylococcus</i> <i>aureus</i> )	Exclude until the person has received antibiotic treatment for at least 24 hours and feels well	Not excluded
Streptococcal sore throat	Exclude until the person has received antibiotic treatment for at least 24 hours and feels well	Not excluded
Thrush (candidiasis)	Not excluded	Not excluded
Toxoplasmosis	Not excluded	Not excluded
Trachoma ( <i>Chlamydia trachomatis</i> eye infection)	Exclude until antibiotic treatment has started <b>and</b> Talk to your local public health unit for advice	Talk to your public health unit for advice
		(Continued)

Not excluded         Excluded in some cases         Excluded		
Condition	Exclusion of person who is sick	<b>Exclusion of contacts</b> (people who have been in contact with the person who is sick, but who have no symptoms; if they have symptoms, they should follow the same guidance as the person who is sick)
Tuberculosis (TB)	Talk to your local public health unit for advice about exclusion	Talk to your public health unit for advice about screening, antibiotics and TB clinics Not excluded
Typhoid and paratyphoid fever	Exclude until cleared by the local public health unit	Talk to your public health unit for advice Not excluded
Warts	Not excluded	
Whooping cough (pertussis)	Exclude until at least 5 days after starting appropriate antibiotic treatment, or for at least 21 days from the onset of coughing if the person does not receive antibiotics	Talk to your public health unit for advice about excluding non-immunised contacts Talk to immunocompromised or pregnant staff about risk and recommend they seek medical advice
Worms	Not excluded	Not excluded

Note that exclusion advice is consistent with the Communicable Diseases Network Australia Series of National Guidelines, if available.